



#### KOPPERT CRESS

Architecture Aromatique







# Let's change the way we look at fresh food



#### KOPPERT CRESS





Architecture Aromatique





## Good food is crucial for a healthy existence....





### Cress





### Specialties



















WORLDCHEFS
CONGRESS
& EXPO
24-27 SEPTEMBER
2016
THESSALONIKI
GREECE

WORLD OMNIVORE TOUR



PARIS 16-18 MARS 2014 MAISON PE 14 MUTGALITÉ



THE RESTAURANT SHOW

6-8 OCTOBER 2014 EARLS COURT 2

rotterdam



GASTRONOMIE

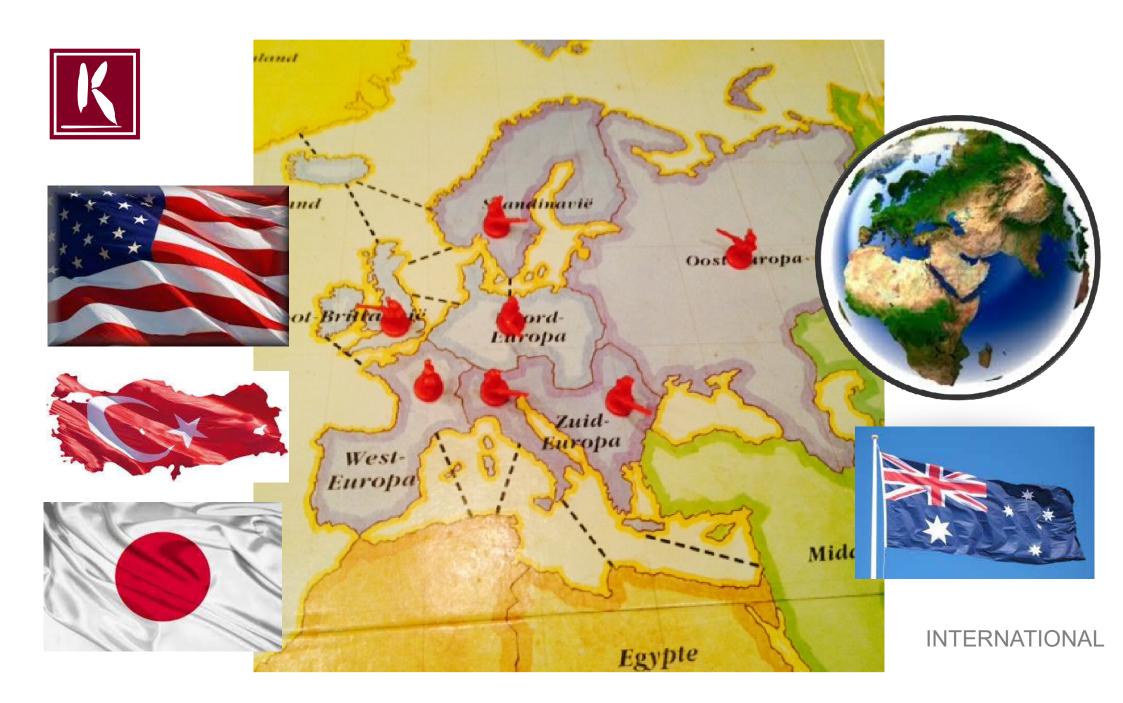
—FOOD, WINE AND MORE— 10 & 11 NOVEMBER 2014

CHEF'S MAGAZINE



FRUIT 2015 LOGISTICA BERLIN 4|5|6 FEBRUARY







#### GASTRONOMI







In this article we'll have a closer look to the flavour profile of the - Shiso® Green - one of Koppert Cress' interesting cresses. To finish, we'll serve you a Shiso® green cocktail recipe.

Shiso® Green

by Peter Coucquyt

Shiso Green belongs to the same family as the Shiso Purple, namely the family of the nettle. The taste is reminiscent of anise and mint, and is slightly stronger than the Shiso Purple, but not dominate.







**INSPIRATION & SOCIAL MEDIA** 

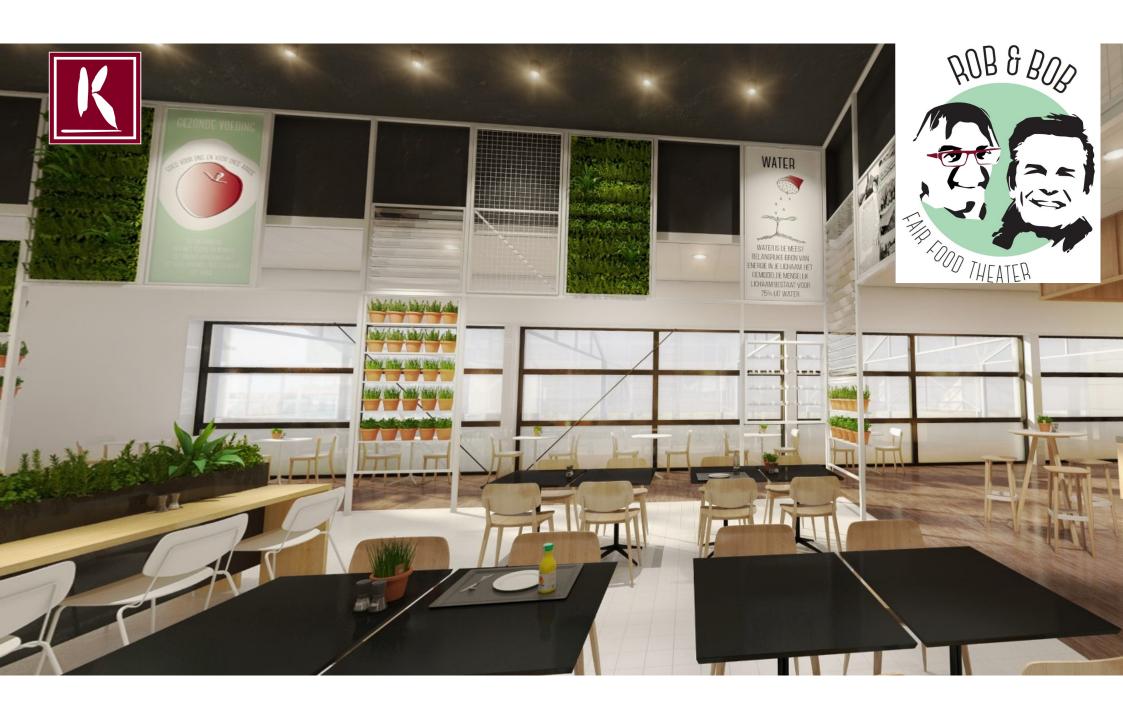




TRAIN PROFESSIONALS











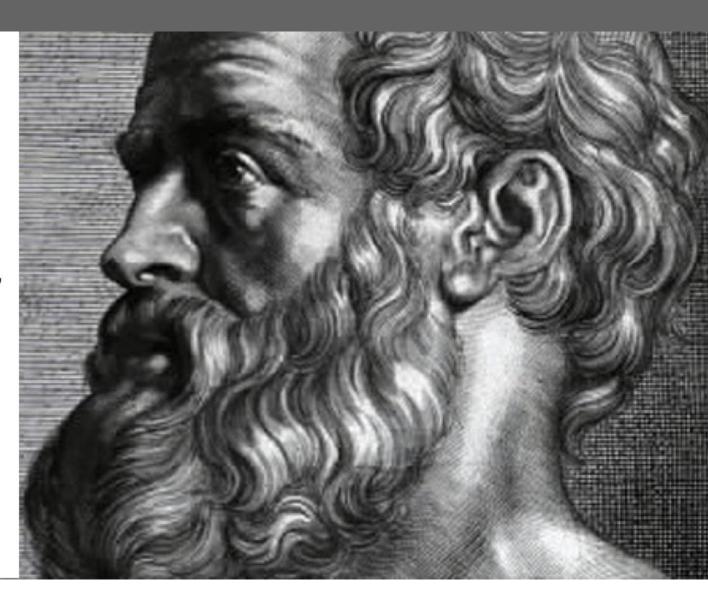


# Let's change the way we look at fresh food



"Let thy food be thy medicine and thy medicine be thy food."

HIPPOCRATES







lycopene, ellagic acid, quercetin, hesperidia, anthocyanidins



lutein/zeaxanthin, isoflavones, EGCG, indoles, isothiocynates, sulphoraphane

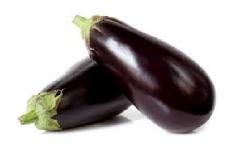


EGCG, aalicin, quercetin, indoles, glucosinolates



alpha-carotene, beta-carotene, beta cryptoxanthin, lutein/zeaxanthin, hesperidin

## the Green Pharmacy



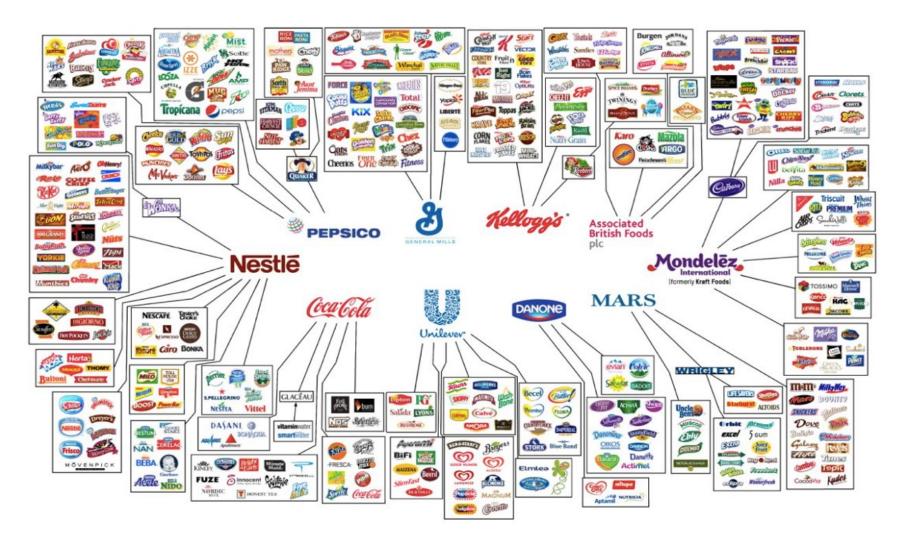
resveratrol, anthocyanidins, phenolics, flavonoid



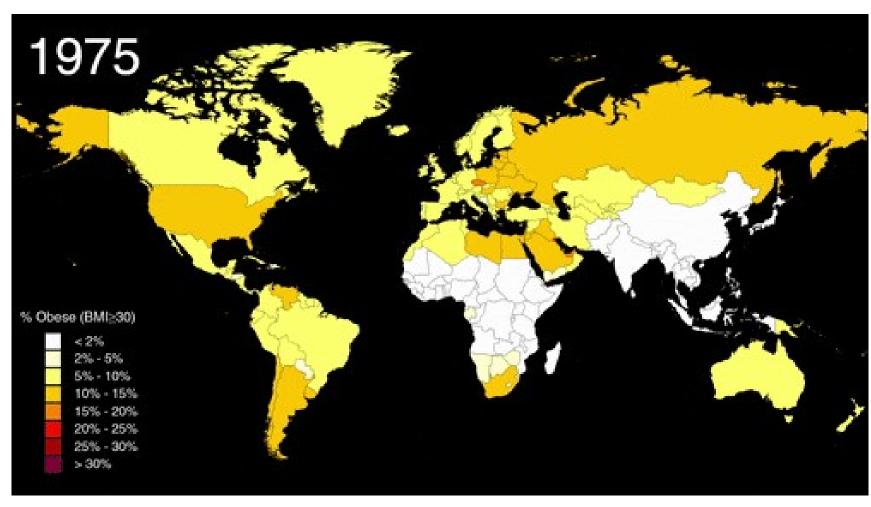


## We have to 'scientifically' prove the Green Pharmacy











## Restaurant derives from Restore

[res·tau·rant (rst-ränt, -tr-nt)n. from present participle of restaurer, to restore, from Old French restorer;

see restore: to bring back to or put back into a former or original state (Medical Definition of restore)]







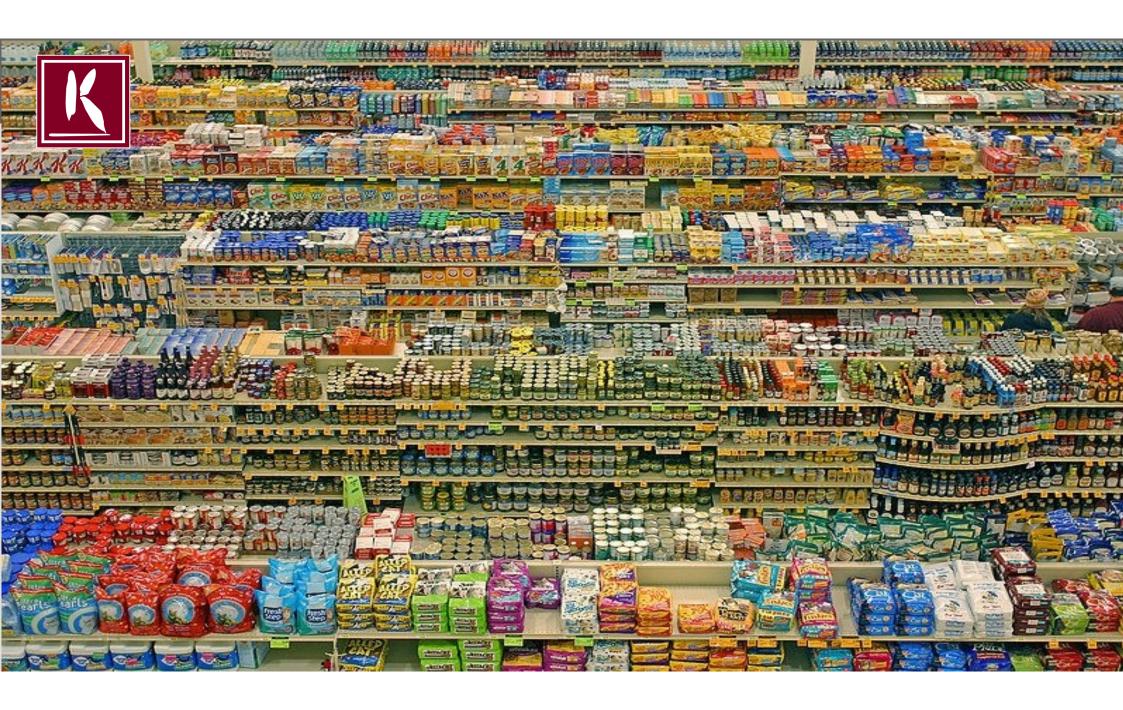


80% VEGETABLES
20% ANIMAL
100% TASTE
APPLIED INNOVATION
MODERN TECHNIQUES





"Keep in mind what effect this has on your menu calculation"







Julia Roberts is Mother Nature



What are you going to do with this?











